

Find Your New Direction

A seven session programme for lawyers with The Career Coach



thecareercoach

An increasing number of lawyers are looking to reshape their career. The path to partnership doesn't suit everyone. Long hours and the constant demands of the clients and firm are causing many to explore alternatives which still play to strengths and skills but which offer a more interesting, and sustainable, way of living and working.

Find Your New Direction will enable you to find a new, satisfying career which is a great fit for you and restores your confidence and sense of pride in your career.

Your coach is a former commercial property lawyer who knows your world, and who has made two career changes in her own life.



You've worked hard to get where you are, having studied for years and put in years of long hours in private practice or at the Bar. However, if you are unhappy and/or no longer satisfied with what you do, it's time to explore alternative options.

The good news is that you have many transferable skills and there are many options within in the law and outside where you can use them.

If having tried to figure this out yourself with the advice of family and friends you are still "stuck", then working with a **professionally trained and former solicitor who has changed career herself** - and a **tried and tested process that over 400 of our clients have individually benefited from over the last ten years** – will get you "unstuck" and on your way to enjoying a new direction that is a great choice for you.

As well as a clear direction, you will have a well thought through plan of action to transition you from where you are to where you would like to go.

"I was in a respectable career and worked hard to get to where I was, but had become bored and depressed and didn't know where to turn.

The tools Ros provided were invaluable. They enabled me to understand why I was feeling this way and more importantly how to approach and change my life for the better. I am now far happier and optimistic about the future.

I am extremely grateful to Ros for equipping me to make informed career decisions for myself and that insight and knowledge will assist me in making the best career and life decisions for me, for the rest of my life".

Simon, Barrister, Find Your New Direction programme

In our Find Your New Career Direction: A Seven Session Programme for Career Changers Programme you will discover how to:

- Recognise your strengths and play to them in your career.
- Clarify what's most important to you in your career (and your life) now – these are often different to your motivations when you chose to read law or when you qualified.
- Generate new potential career ideas and opportunities, within the legal arena if you want to – and outside of it.
- Critically assess which career options will be most enjoyable and viable for you (which could include past ideas you've overlooked or were too afraid to implement).
- Create a new compelling vision of your future career (and life).
- Design a strategic action plan plus an energising 90 day "next steps" plan, so you're clear about exactly what you need to do by when to fulfil your new career direction.

HOW FIND YOUR NEW DIRECTION WORKS & FEES

Receive so much more than just one-on-one coaching calls in this highly supportive and comprehensive coaching programme:

- An in-depth Strengthscope™ Psychometric Assessment, with follow-up Coaching Session to help you identify your work strengths, and the potential for using them in a new career.
- A Suite of Assessments and Tools from our website including work and life motivators, achievements, life purpose, skills, interests, ideal working environment, inspirational articles, our transformational beliefs tool and more.
- Six 60-minute Coaching Sessions, which you can schedule at times that are convenient to you, e.g. lunchtimes or when the kids are in bed.
- Two 10 minute 'emergency' phone/Skype Coaching Sessions plus email support as and when you need it to share an insight or ask a question.
- Our "Idea to Fulfilment" Strategy Action and 90 Day Planning Tool

Face to face at London Bridge **£1,499 (deposit of £449, plus 2 x £500)**
By phone or Skype **£1,149 (three instalments of £383 p.m.)**

Please allow 2-3 months to complete this programme and 1.5-2.5 hours per week to complete your coaching assignments.

HOW CAN I FIND OUT IF THIS IS FOR ME?

Find Your New Direction is suitable for solicitors and barristers who are at a career crossroads and who want to step back and get 100% clarity on who they are and what they want from their career and life before exploring a range of options, beyond those they have already explored.

The results you achieve will be determined by the level of focus and commitment you give to this programme. You will be more successful if you are open to being challenged, have the courage to step outside of your comfort zone and the discipline to follow through on actions arising from each call. You value learning and are committed to your own professional and personal excellence.

To find out more about how this programme works and whether it is suitable for you, we advise you to book a no-obligation 40-minute consultation by phone or Skype through our website.



Your Coach

Ros Toynbee LLB (Hons), PgDip
Director of Toynbee Associates Ltd

Ros has over sixteen years' experience a career management and leadership coach. Her business backgrounds are in law, media and financial services. She is passionate about helping professionals build careers that are rewarding for them financially, intellectually and emotionally and who want to make a difference. She has trained with many bodies including CoachU, Fireworks Coaching, the Centre for Right Relationship (CRR UK), and Newfield and is an NLP Practitioner.

She is accredited at Master Certified Coach level with the ICF, making her one of the top 1% of coaches globally, and is regularly invited to speak at networking associations and in the press.

Website: www.thecareercoach.co.uk

Email: ros@thecareercoach.co.uk

Phone: +44 (0) 20 7702 9299



thecareercoach