

Career Planning



Is it time that you planned your career?

- You feel stuck in your career and are unsure where you want to go next.
- Your career has been reactive, rather than proactive. You tend to fall into jobs or take the first opportunity that comes along, rather than strategically consider which would be the best moves for you and aim for these.
- Your CV says “series of jobs” rather than “career” and “progression”.
- Your career and life needs have changed, and your job needs to reflect this.

If so, Career Planning coaching could help you explore your options.



thecareercoach



If you're at a crossroads and want to make the next move count, you may be asking yourself questions like:

- "Should I go for a bigger role?"
- "Should I return to a different type of role, such as a more client facing or more technical role?"
- "Should I find another role in my current organisation or look outside?"
- "Would a move to different sector be more fulfilling?"

Having a well thought out and up to date Career Plan will give you:

- Clarity about your career and the various dimensions of career planning.
- A variety of possibilities to move forward.
- Clear next steps to take to advance your career, and
- Reduce the risk of making a wrong turn.

"The most valuable step for me was working with Tim to plan practically how to achieve my goals. I finished the sessions with a clear vision of what I wanted to achieve and a plan for how to turn that vision into reality. What more could you ask for? I would highly recommend career coaching with Tim, as a way to enable you to discover what you want to get out of your life and career and how to practically plan step-by-step to achieve your goals."

MB, IT Director

You'll receive six hours of coaching using our **proprietary One Page Career Planning Framework** as a structure to have in-depth conversations about where you want to take your career (and life).

These include but aren't restricted to areas such as:

- What are my strengths? How can I play more to my strengths in my next role? How should I position myself to stand out against the competition?
- Where are my gaps? What do I want to learn? Am I looking to build knowledge, skills, and experience in a bigger or different way?
- What are my career drivers? How can I make more of a difference? Use more of my creativity? Would a different kind of culture suit me – and does that exist or I am being too idealistic?
- Should I move out of London? Go abroad? Complete a Masters? Take a sabbatical? Start a new business or go freelance? If so, when would be the best time to do this?
- I don't want to return to my old job after maternity leave. Is there a better option for me and my family, and can I make it work financially?
- Having a genuine answer to the question, "where do you see yourself five years from now?" and a career vision to focus and inspire me.
- Developing my networking skills to raise my profile, hear about and seize new opportunities.

HOW CAREER PLANNING COACHING WORKS

The programme results in a completed **One Page Career Plan** for you to take away and implement.

Choose from:

1. 6 X 1-hour weekly sessions, by telephone or Skype - £975
2. 3 X 2-hour fortnightly sessions, by telephone or Skype - £975
3. A one day face-to-face intensive from 9.30am to 4.00pm with lunch included at London Bridge for £1,100

The programme is available as a standalone package, or it can be combined with one of our Job Search packages.

HOW CAN I FIND OUT IF THIS WOULD WORK FOR ME?

This programme is best suited to executives and professionals exploring their next **new role**, a potential **change of sector**, or to think through whether a particular **business idea** “has legs”. If you are looking to change career, which we define as a change in both role and sector at the same time, do look up our Find Your New Direction Programme.

The results you achieve will be determined by the level of focus and commitment you give to this programme. You will be more successful if you are open to being challenged, have the courage to step outside of your comfort zone and the discipline to follow through on actions arising from each call. You value learning and are committed to your own professional and personal excellence.

To find out more about how this programme works and whether it is suitable for you, we advise you to book a no-obligation 40-minute consultation by phone or Skype through our website (details below).

Your Coach



Tim Fordham
Associate of The Career Coach

Tim is an ILM level 7 qualified and highly experienced coach and leadership mentor. He helps individuals to be their best and find fulfilment in all that they choose to do in life and work. Tim uses a creative and flexible approach, making sure people think about issues from different perspectives. Tim is calm and empathetic, encouraging clients to utilise the skills they have and make informed career decisions. He brings substantial experience of the health, social care, not-for-profit and public sector and has also worked with corporate clients. Tim has coached at CEO and senior executive level and has also worked with senior teams during his 8 years as a coach.



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