

# Find Your New Direction

A ten session programme for those considering a career change



**thecareercoach**

Feeling stuck in your career? Does your job and/or sector no longer feel the fit it once did? Are you looking to explore new options?

It could be that you or your situation has changed, and you are looking for a new career that reflects your dreams and who you are now.

Find Your New Direction will give you the clarity and confidence you need to make a positive choice and enjoy a new direction that is satisfying for you and which you feel truly proud of.



Being stuck in a career you no longer enjoy is tough. Harder still is the loss of confidence in yourself that it brings, and confusion, because you don't know where to begin to move into a better career.

How would it be if, instead of going around in circles trying to figure it out on your own, that you worked with an experienced guide - and a tried and tested process that over 600 of our clients have individually benefited from over the last 12 years - to finally:

- Get clear on your new direction and be certain why that's a great choice for you?
- Have a compelling mid-to- long term vision for your career and life to focus and motivate you?
- Have a clear action plan to transition from what you are currently doing, to your new career?

*"After several temporary contracts, I found myself questioning my choice of career and needing to re-assess what I wanted to do with my remaining working life. Tim enabled me to reassess my goals, to look at what redundancy had meant for me and to consider how to evaluate and prioritise my objectives, professionally and personally. I'd wholeheartedly recommend Tim to anybody who feels a need to renew their sense of purpose as his structured approach and considered questioning helps focus you on what your priorities are and helps build up confidence in addressing any issues in moving forward."*

GS, Highways Engineer

**In our Find Your New Career Direction: A Ten Session Programme for Career Changers Programme you will discover how to:**

- Recognise your strengths and transferable skills and play to them in your career.
- Clarify what's most important to you in your career (and your life) now.
- Generate new potential career ideas and opportunities.
- Critically assess which career options will be most enjoyable and viable for you (which could include past ideas you've overlooked or were too afraid to implement).
- Create a new compelling vision of your future career (and life).
- Design a strategic action plan plus an energising 90 day "next steps" plan, so you're clear about exactly what you need to do by when to fulfil your new career direction.
- Regain your confidence

## HOW FIND YOUR NEW DIRECTION WORKS & FEES

Receive so much more than just one-on-one coaching calls in this highly supportive and comprehensive coaching programme:

- An in-depth CliftonStrengths Assessment™ Psychometric Assessment, with follow-up Coaching Session to help you identify your work strengths, and the potential for using them in a new career.
- A Suite of Exercises including work and life motivators, achievements, life purpose, skills, interests, ideal working environment and more.
- Ten 60-minute Coaching Sessions, which you can schedule at times that are convenient to you.
- Up to three 10 minute 'emergency' phone/Zoom Coaching Sessions plus email support as and when you need it to share an insight or ask a question.
- A strategic action plan and tactical next 90 days plan to begin making your new direction a reality.
- A brand-new CV which positions you for your new career direction perfectly

**By phone or Skype**

**£2,000 or three instalments of £667 p.m.**

Please allow 3-4 months to complete this programme and 1.5-2.5 hours per week to complete your coaching assignments.

## HOW CAN I FIND OUT IF THIS IS FOR ME?

Find Your New Direction is most suitable for people who are at a career crossroads and who want to step back and get 100% clarity on who they are and what they want from their career and life before exploring a range of options, including those not on their original list.

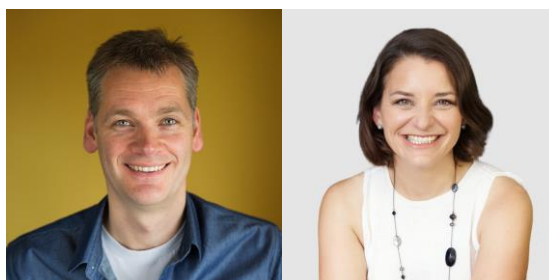
The results you achieve will be determined by the level of focus and commitment you give to this programme. You will be more successful if you are open to being challenged, have the courage to step outside of your comfort zone and the discipline to follow through on actions arising from each call. You value learning and are committed to your own professional and personal excellence.

To find out more about how this programme works and whether it is suitable for you, we advise you to book a no-obligation 40-minute consultation by phone or Zoom through our [website](#) with one of our Find Your New Direction associates.

*"Rosine has helped me see what I truly wanted and what I was capable of – trusting my own voice. She is very empathetic and intuitive – without judgment. She forces you to think and guides you towards what's best for your professional and personal life"*

Agathe

**Our coaches for Find Your New Direction are Tim Fordham and Rosine Suire.**



Website: [www.thecareercoach.co.uk](http://www.thecareercoach.co.uk)

Phone: +44 (0) 20 7702 9299